



## Company Volunteer Opportunities

Bring your team out to volunteer with America's Grow-a-Row (AGAR)! It's a fun and unique way in which everyone can participate to serve others and make a long-lasting impact on the overall health of New Jersey. Benefits include: fresh air, exercise, and team work!

**What is America's Grow-a-Row?** America's Grow-a-Row is a 501(c)3 organization that grows and gleans fresh, healthy produce that is then donated to food pantries, soup kitchens, crisis centers, and food banks all over the state of New Jersey. Since we began in 2002, we have donated over 3.7 million pounds of produce!

**What does a volunteer outing look like?** When you come out to AGAR, you might be planting, harvesting, or gleaning (rescuing excess produce), depending on when you schedule your event. No prior experience is necessary and AGAR staff are always on site.

**How many people can I bring?** As many as you would like with advance planning. We request a minimum of 5-10, but our groups can go into the 100's for harvesting.

**How much time should we reserve?** Usually groups remain busy anywhere from 1 to 4 hours, depending on the size of the group and the activity. A typical outing might be 9am - 1pm, 12 - 4pm, or 4 - 6pm, often including a meal on site. *Afternoon slots are limited (and too hot in the summer!)*

**Where do we go for our event?** From mid-May to mid-June we plant in Pittstown and Milford. We harvest at these two farms from mid-July to October or November. From September to November we also glean apples in Chester (Riamede Farm) and Hope (Longmeadow Farms). More hands are always needed for harvesting!

**What produce will we plant or harvest?** We grow corn, green beans, tomatoes, peppers, potatoes, winter squash, broccoli, cauliflower, cabbage, sweet potatoes, zucchini, apples, peaches, and nectarines. What you pick depends on the maturity of the crop.

**Where does the food go?** The Community FoodBank of NJ or smaller agencies pick up the produce from our farms to deliver the food across New Jersey. *If you want to designate that the food go to specific hunger agencies in your area of work, let us know!*

**What should we bring?** Dress for the weather (rain or shine, cold or hot) and dress to get dirty! We recommend that you also bring the following: sunscreen, bug spray, hats, work gloves, and reusable water bottles.

**What about the weather?** Ah, the challenge of agriculture! We can pick in the rain, or we often wait out thunderstorms. We keep in touch as the date of your event approaches to give you ample notice in the event of a change. We do not book rain dates, but we can always try to reschedule if we must cancel.

**This sounds great! When can we come out?** Glad you asked! Just contact Leena Waite, Director of Volunteer Management and Educational Programming at [volunteer@americasgrowarow.org](mailto:volunteer@americasgrowarow.org) to schedule your event. We look forward to seeing you in the fields!